


# POLAR loop

ACTIVITY TRACKER

1.

Start på  
[flow.polar.com/loop](https://flow.polar.com/loop)

Få den til å passe 

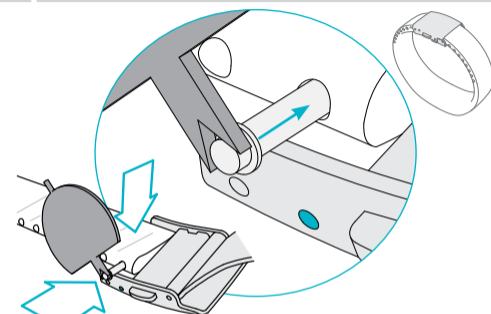
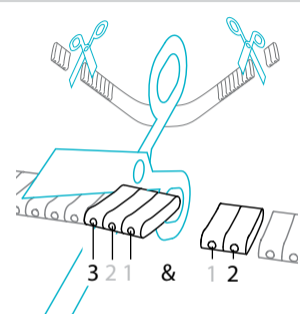
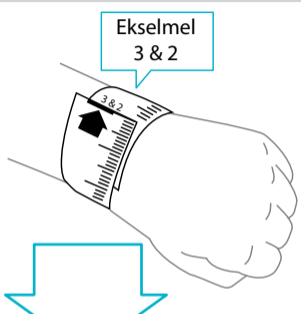
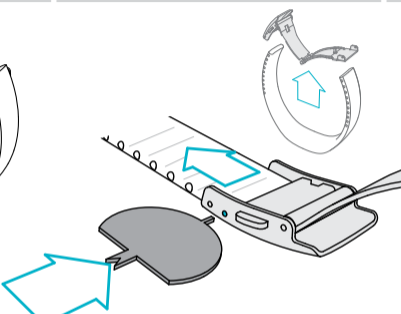
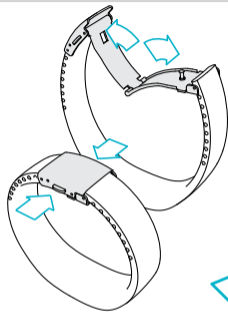
2. ÅPNE SPENNEN

3. KOBLE FRA SPENNEN FRA BEGGE SIDER

4. MÅL HÅNDEDDET DITT

5. KLIPP ARMBÅNDET JEVTNT FRA BEGGE SIDER

6. SETT PÅ SPENNEN IGJEN



9 & 9  
 9 & 8  
 8 & 8  
 8 & 7  
 7 & 7  
 7 & 6  
 6 & 6  
 6 & 5  
 5 & 5  
 5 & 4  
 4 & 4  
 4 & 3  
 3 & 3  
 3 & 2  
 2 & 2  
 2 & 1  
 1 & 1  
 1 & 0  
 0

DIN  
 HÅNDEDD  
 STØRRELSE →



Finn produktstøtte:  
[http://www.polar.com/  
en/support/Loop](http://www.polar.com/en/support/Loop)



Produsert av Polar Electro Oy, Professorintie 5, FI-90440 KEMPELE. Tel +358 8 5202 100, Fax +358 8 5202 300, [www.polar.com](http://www.polar.com)

.01

12/2013

Model: 0C

