

POLAR CADENCE SENSOR



Getting Started Guide

COMPATIBLE WITH



MANUFACTURED BY

POLAR ELECTRO OY

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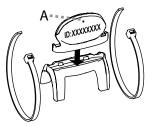
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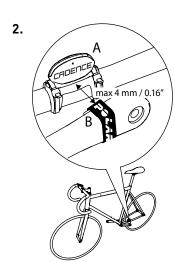
FIND PRODUCT SUPPORT

support.polar.com/en/cadence sensor bluetooth smart

1.







ENGLISH

Thanks for choosing Polar! In this guide, we'll walk you through the basics of using Polar Cadence Sensor Bluetooth® Smart, the perfect choice for boosting your cycling performance.

You can download the full-length user manual and the latest version of this guide at polar.com/support.

Please write down the device ID printed on your sensor (picture 1). The original marking may fade as a result of normal wear and tear.

Installing the sensor

Your brand new cadence sensor is easy to install. To make it even easier for you, we recommend that you watch the video tutorial at support.polar.com/en/cadence_sensor_bluetooth_smart.

- Attach the rubber part to the sensor (picture 1).
- Clean and dry a suitable place for the sensor on the chain stay. Don't install the sensor on the same side as the chain. The Polar logo on the sensor should be facing away from the crank. Place the sensor on the chain stay. If the sensor touches the rotating crank, tilt the sensor slightly away from the crank. Pass the cable ties over the sensor and the rubber part. Don't tighten them fully yet. (Picture 2, A.)
- Clean and dry a suitable place for the magnet on the inner side of the crank. Place the magnet vertically on the inner side of the crank and secure it with the tape. (Picture 2, B.)
- Fine-tune the sensor's position so that the magnet passes close to the sensor without actually touching it. Tilt the sensor towards the magnet so that the gap between the sensor and the magnet is less than 4 mm/0.16" (picture 2). The gap is correct when you can fit a cable tie between the magnet and the sensor. When the magnet passes the sensor, it should be pointing at the small caved dot on the backside of the sensor (picture 1, A).
- Rotate the crank to test the sensor. The flashing red light on the sensor shows that you've positioned the magnet and the sensor right. You can now tighten the cable ties and cut off the ends

Getting started

You can use your cadence sensor with dozens of leading fitness apps as well as with Polar products using Bluetooth® Smart. Check the compatible products and devices at polar.com/support.

To be able to see the cadence data, you need to pair the sensor with the app or the Polar product first. For pairing instructions, see the the app manufacturer's manual or the user guide of your Polar product.

Enjoy your ride!

Caring for your cadence sensor

Clean the sensor with mild soap and water. Dry it with a towel. For more detailed caring instructions, see the full user manual at polar. com/support.

The battery can't be changed. To buy a new sensor, contact your authorized Polar Service or retailer. You can also buy sensors online. Go to www.polar.com to find your own country's shoppolar online store. You can expect the battery to last about 3000 training